

CURRENT SITUATION OF GENERAL FACTORS AFFECTING PHYSICAL EDUCATION FOR STUDENTS OF HIGH SCHOOLS IN THANH HOA CITY, THANH HOA PROVINCE

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Abstract:

Using regular scientific research methods to assess the current situation of common factors affecting the physical education activities for students in high schools in Thanh Hoa province such as: awareness, leadership – the leadership of schools, the status of facilities and teachers. The results from this study are an important basis in order to propose solutions which improve the effectiveness of Physical Education (PE) activities for high school students in Thanh Hoa city, Thanh Hoa province.

Keywords: Reality, affective factor, Physical Education, student, high school, Thanh Hoa city...

INTRODUCTION

In the city, there are 9 high schools with more than 8000 students. According to the evaluation of many professional experts, PE experts and PE teachers in Thanh Hoa province, the PE activities in general and at high school in Thanh Hoa city particularly have not achieve high effective recognition yet. It also has not met the requirements for PE activities in Renovation era. Therefore, having appropriate solutions to develop PE activities for high school students in Thanh Hoa city is a necessary and urgent problem.

In order to have a basis for proposing solutions to improve the effectiveness of PE activities for students, the accurate evaluation of the influencing general factors such as awareness, leadership - direction, facilities and teachers ... is very important because it is the condition for the implementation of the PE activities in schools. Therefore, we conduct research: Current situation of general factors affecting the Physical Education activities in high schools in Thanh Hoa City, Thanh Hoa Province.

RESEARCH METHODS

In the process of assessing the reality situation of general factors affecting the PE activities for high school students in Thanh Hoa city, Thanh Hoa province, we employ the research methods: statistic analysis and

synthesis method; interview method; pedagogical observation method and statistical mathematical method.

The survey was conducted on all of high schools in Thanh Hoa city including 09 schools: 02 specialized schools at the provincial level; 04 city public schools, 03 people-founded (private) schools.

The list of specialized schools includes: Lam Son Specialized High School (specialized schools, key provincial school) and the Provincial Ethnic Minority High School (special schools for training ethnic students of the whole province).

The list of city public schools includes: Dao Duy Tu High School; Ham Rong High School; Nguyen Trai High School and To Hien Thanh High School.

The list of private schools includes: Truong Thi Private High School; Dong Bac Ga High School and Ly Thuong Kiet Private High School.

RESULTS AND DISCUSSION

1. The reality of awareness about the role and effect of PE activities in schools

Surveying the awareness of officials, teachers, students of high schools in Thanh Hoa city, Thanh Hoa province about the role and effect of education in schools by interviewing 1038 students, 39 PE teachers, 36 teachers of other subjects and 09 administration officials of 09 high schools in Thanh Hoa city, Thanh Hoa

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province, and compare the difference among interview results. The result has shown that:

Although 100% of administrators and PE teachers are properly aware of the role and effect of the PE activities in schools, there are still nearly 30% of teachers in other subjects and students having incorrect awareness about the problem. These will be the objects that negatively affect the development of Physical Training and Sport in schools. And it is necessary to reach solutions in order to raise the awareness of this group about the role and effect of PE activities in schools.

When comparing the difference in the results of interviewing among the target groups, there is a statistically significant difference at the threshold $P < 0.05$.

2. The reality of leadership and directive activities of the School Board of Directors on school Physical Training and Sport

Surveying the status of leadership and directive activities of the School Board of Directors in terms of Physical Training and Sport in high schools in Thanh Hoa city, Thanh Hoa province by doing survey on 84 teachers & officers including 39 PE teachers, 36 teachers of other subjects and 09 administrators (directors) of 09 high schools in Thanh Hoa City, Thanh Hoa Province; and compare the difference among the interview results. The result has shown that:

According to the evaluation from group of administrators and teachers of other subjects: the school administrators have been very concerned and interested in extracurricular PE activities and there have been timely leaderships and directions to the PE activities in schools. The evaluation from group of PE teachers: the attention of the School Board of Directors to the PE activities is just at medium and "concern" level and the directive activities are just at the timely and medium level. Comparing the difference of responses between the PE teacher group and the two other groups, there is a statistically significant difference ($P < 0.05$).

3. The reality of facilities for school PE activities and sports

Surveying the situation of facilities for

school PE activities and sports at 09 high schools in Thanh Hoa city, Thanh Hoa province through pedagogical observation and direct interview with PE teachers at the school as well as analysis of related documents. The result has shown that:

The group of schools with a full of standard facilities such as multi-purpose training gymnasium, a football field, volleyball, badminton, athletics ground ... includes Lam Son Specialized High School, Dao Duy Tu High School, Ham Rong High School and the Provincial Ethnic Minority High School.

Two public schools including Nguyen Trai High School and To Hien Thanh High School still face many difficulties in terms of facilities due to the narrow campus, no multi-purpose gymnasium, no ground for football, volleyball The in-class PE activities are temporarily occurred in a city's park next to school and also in the school's flag pitches.

Private high schools in the city are still facing many difficulties: lack of training gymnasiums, lack of training yards. These are difficulties in the development of PE activities in the private sector.

4. The reality of PE teachers at high schools in Thanh Hoa city, Thanh Hoa province

Evaluating of the status of PE teachers at 09 high schools in Thanh Hoa City, Thanh Hoa Province through personnel's record analyzation and PE teacher direct interview in school. The results are presented in Table 1.

Table 1 shows that: In 09 surveyed school, there are 39 PE teachers in total (excluding concurrent teacher teaching PE). Thus, on average, each school has 4.33 PE teachers. In the 09 surveyed schools, there are 8480 students and 200 classes in total. Thus, on average, a PE teacher has to teach 5.13 classes, approximately 217 students, equivalent to 11 periods / week. This is a separate figure for in-curricular PE activities, excluding extra-curricular sports activities. Therefore, it can be seen that the number of PE teachers in schools ensures the in-curricular PE activities; however, if to ensure the extra-curricular PE activities and sports, the

Table 1. Situation of PE teachers at high schools in Thanh Hoa city, Thanh Hoa province (n = 09 schools)

School	Total number	Ratio	Gender		Proficiency			Working seniority		Quality (*)
			Female	Male	Post-graduate	University	Other	> 10 years	<10 years	
Total number of teachers	39	-	17	22	2	37	0	19	20	1
Total number of students	8480	217.44	-	-	-	-	-	-	-	-
Total number of classes	200	5.13	-	-	-	-	-	-	-	-
Average ratio teacher/school	4.33	-	-	-	-	-	-	-	-	-

(* equivalent to the number of teachers participating in training courses (improving-professional – qualification classes, updating new knowledge) in the 3 years up to the time of the survey)

number is still small. Nonetheless, when considering the number of PE teachers per each school in detail, the private school sector still lacks PE teacher (only 2 teachers / school).

About the characteristics of PE teachers at the surveyed schools: About 40% of PE teachers are female. Out of 39 teachers, only 02 have postgraduate degrees (Masters), the rest have university degrees, no teachers have college degrees. There is nearly 50% of teachers who have more-than-10-year working seniority, this is a force of teachers who have teaching experience and good professional qualifications. However, during the 3 years up to the time of the survey, only 01 PE teacher was assigned to participate in training courses to improve professional skills and update new knowledge.

This is one of the issues that lead to limitations in innovating PE teaching methods as well as updating knowledge and new methods in high schools in Thanh Hoa city, Thanh Hoa province. And it is necessary to propose appropriate solutions to improve the above problem.

CONCLUSION

Analysis of the general factors affecting the PE activities in high schools in Thanh Hoa city, Thanh Hoa province shows following conclusions. Firstly, nearly 30% of teachers in other subjects and students have incorrect awareness about the role and importance of PE in schools. Secondly, the leadership and direction of the School Board of Directors

according to the evaluation of the PE teacher is only at a timely and medium level. Finally, public and specialized schools have relatively adequate facilities for PE activities but private schools lack of PE training facilities. The group of PE teachers rarely participate in professional training course to improve their professional qualifications and there is a shortage of PE teacher in private schools.

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